

BIO DATA OF DR. JIMMY M. L.

(UPDATED ON 01 – 04 - 11)

A. Personal details of Dr. Jimmy M. L.

1. Name - Dr.Jimmy.M.L 2.Date of birth; 14-02-1968, 2.Present address: - 5 C Gokulam Spring Tower, Near Kanjikuzhy bridge, NH 220 (KK road), Kottayam town, Kerala, India. PIN:-686004, 3.Present Phone numbers: - Land – 0091 - 0481- 2571698, Mobile: (0)9446441698, (0)9946012740, 4.Email address: - jimmyml2000@gmail.com, jimmyml2000@hotmail.com 5.Personal web site:- www.doctorjimmy.tk, 6. other presently managed site; www.keralaorthopaedicinternational.org, www.indianchristianlinksandforum.org

B. Early educational experiences

1.Pre primary education – Nursery school of Kurian sir and sisters, pothole, 2.Lower Primary education (1-4) ; St. Anes’ convent school, West fort, Thrissur – ‘Cups’ activity and ‘dance’ activity, 3.Upper Primary and high school education ; Tharakan’s high school, Aranattukara, Thrissur. SSLC 1982 – one among school toppers, Catechism prizes, class first prizes, Fancy dress prize, drama first prize, quiz competition prizes, ‘Scout’ activity, 4.Pre degree education (group 2); St. Thomas college, Thrissur town. Wrote all Kerala medical entrance exam in 1985 (state rank 65)

C. Medical educational experiences

1.MBBS – 1985 Batch, Passed from medical college , Trichur in 1990 (Calicut university), Completed house surgeonsy from trichur medical college Hospital in 1991 and registered as medical practioner in Travancore – Cochin medical council in 1991., 2.D-ortho – Passed from CNMCH , Culcutta in 1996., 3.DNB Ortho – Completed from Kovi medical center, Coimbatore 1997., 4.Participated ‘world orthopedic education program of American orthopedic associating’ under dr.med.Thomas herren in Altatatten kanton hospital and also under spinal surgeons in st.Gallen kanton hospital in Switzerland, 5.Completed ‘AO international fellowship’ under professor Otmar trentz in Traumatatology depart. of Zurich university hospital, Switzerland in 1998, 6.Completed ITLS trained provider coerce on august 2003 organized by trauma life support society of India, 7.Completed BLS, ACLS provider courses by American heart association, ITLS courses by international trauma life support society on 11-03-2008.

D. Other abroad experiences

1. Attended workshop on 'chondroplasty and absorbable pins' in April 1998 in Einsleiden, Switzerland. 2. Attended 'AO basic course' in Bochum, Germany in 1997. 3. Visited 'AO international head quarters and research center' in Davos, Switzerland on 23-06-98. 4. Visited WHO, red cross and UN headquarters in Geneva, Switzerland in May 1998.

E. Other educational experience

1. Dr. Jimmy passed the post graduate diploma examination on Guidance And Counseling (3 Theory papers and practical) course of Annamali University held in January 2011. 2. Attended course on computer fundamentals and applications from 03-07 to 13-12-1995 from Don bosco technical institute, Park circus, Calcutta. 3. Attended 'course on internet and windows' from 10-02 to 18-02-98 from Computer park, Cochin-18. 4. Attended course on German Language from French academy at Sasthry road, Kottayam in 2005.

F. Courses studied at present

1. Doing M.A. Disaster management (2nd year) distance education course of Annamali university, Chidambaram from February 2010 onwards – Passed all the 5 theory papers of 1st year.
2. Doing MTh Theology online course of Trinity.org from February 2010 onwards

G. Work experiences

1. Worked as R.M.O. (MBBS) from 06-92 to 05-1994 in different hospitals in Kerala. 2. Worked as junior consultant in orthopedics in Mission hospital Angamaly in 1998. 3. Worked as independent orthopedic surgeon at Al iqbal hospital, Chantrappinni, Trichur. In 1999. 4. Worked as orthopedic surgeon at MBMM hospital, Kothamangalam. In 2000. 5. Worked as consultant orthopedic surgeon in Lal hospital, Irijalakkuda, Trichur from 14-09-00 to 20-08-2002. 6. Worked as lecturer in pathology at medical college, Kottayam in 2002. 7. Worked as lecturer in orthopedics in 2002 and 2003 at medical college, Kottayam. 8. Worked as part time consultant at Anugraha hospital, Kottayam, K.M.C., Vadavathoor, C.M.C. hospital, and Cheriapally hospital from 2003 to 2005. 9. Worked as part time consultant at Christhuraj hospital, Ayarkunnam in 2007. 10. Worked as consultant orthopedic surgeon at Karipal hospital, Kalathypady, Kottayam from 2004 to 2009. 11. Works as part time consultant at Sushrusha hospital, Varissery and CMC hospital Samcranthy from 2004 onwards. 12. Orthopaedic and medical consultation at home clinic at Kottayam from 2003 onwards

H. Prizes

1. Won first prize in 'national P.G.quiz' and attended pre conference workshop on 'basic spinal instrumentation', CME and conference of IOACON, Calcutta from 17-21/12/1996.
2. Won first prize for the 'best short case presentation' and attended instructional course by 'orthopedic research foundation of India' at M.G.M. medical college, Indore on 20-23/02/03.

I. Awards

- 1.Special certificate of recognition by the Kerala orthopedic association was awarded to Dr.Jimmy.M.L. In the 2006 silver jubilee conference for the excellent and pioneering orthopedic IT activities.
- 2.Kerala orthopedic association recommended Dr.Jimmy M.L. for the post of IT Committee Co chairman of Indian orthopedic association and the December 2005 IOA executive committee has agreed in principle for the post

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J. Positions held at present (or recently)

- 1.IT Secretary of Kerala orthopedic association from 04-02-05 to January 2010, 2.Consultant orthopedic surgeon at Sushrusha hospital, Variserry and CMC hospital, Samcranthy of Kottayam thaluk, 3.Manager of the 'Kerala Orthopedics International' web site and 'Indian Christian links and forum' site, 4.Past Web master of Kerala Orthopedic association official web site and linked chat site, 5.President of the parent teachers association of the CBSC section of Mount carnal school, Kottayam in 2007 – 2008, 6.Guest lecturer to various nursing and physiotherapy institutes at Kottayam, 7.Dr Jimmy was elected (by the GB On 12/03/11) as the first president of the residents association of the Gokulam Spring Tower, Kanjikuzhy, Kottayam

K. Memberships

- 1.Permanent membership in KOA [LM-305], 2.Permanent membership in IOA [LM-4381], 3.Permanent membership in IMA [KRL/5716/15/52/74257/1999-2000], 4.Permanent membership in World orthopedic concern [LM-364], 5.Associate membership in SICOT from 1998 to 2002, 6.Fellow in AO international, Switzerland, 7.Member of CAOS – India, 8.Member KEMS – Kottayam emergency medical services, 9.Member IIEMS – Indian institute of emergency medical services, 10.Member - Madyamekala orthopedic regional club, Kerala from 2010 onwards

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L. Presentations

- 1.'Clinical case presentation on THR' was done in the West Bengal orthopedic association meeting at Calcutta in 1996, 2.Co-author of the talk on 'introduction to trauma' presented in trauma

symposium at SITRA auditorium, Coimbatore on 14-08-96, 3.Co-author of the paper on ‘study of lumbar discectamys’ presented in ‘international spine congress ,Madras’ on 10-11,January 1997, 4.Presented ‘special cases’ in the clinical clubs at Lal hospital, Irinjalakuda on 3 occasions in 2001, 5.Presented paper in KOA annual conference in Palakad on ‘retrospective study of 120 cases of lumbar disc prolepses treated by discectamys’:attended the conference on 13,14-01-01, 6.Presented ‘recent advances in orthopedics’ in monthly IMA meetings at Triprayar and Irinjalakuda IMA branches of Trichur district on 2001, 7.Attended and made report speech in ‘seminar on communication skills in medical practice’ at Nithya hotel, Kottayam on 16-02-03., 8.Attended and presented free paper in the international meeting on orthopedic informatics held at mission hospital, Angamaly on 2006.

M. Teaching Experience

1.Bed side classes to MBBS students at CNMCH, Culcutta during 1994-1996 period, 2.Orthopaedic classes to BPT Students at Kovi medical center, Coimbatore during 1996 – 1997 periods., 3.Orthopaedic classes to Bsc nursing students at mission hospital, Angamaly During 1997, 4.Orthopaedic classes to General nursing students at Lal hospital, Irinjalakuda during 2000 – 2002 period, 5.Orhopaedic classes to MBBS students as lecturer, medical college, Kottayam during 2002 – 2003 period, 6.Took anatomy, physiology, forensic medicine, accident care and first aid Classes to the Kottayam district crime branch police on 2005 and 2006 at police camp, Kottayam as per the direction of kottayam police S.P., narcotic D.Y.S.P. and assistant commandant. 7.Orthopaedics and surgery classes to Bsc nursing students at SME, Pudupally during 2006, Orthopedics classes to BPT students at SME, Gandhinagar during 2007, 9.Orthopaedics and surgery classes to Bsc nursing students at Nursing college, Kanawha during 2007.

N. Experience as Examiner

Acted as the university examiner for the orthopedic examination of BPT Students at SME, Ghandhinagar, and Kotayam.

O. Organizational works

1.Worked as ‘joint secretary of IMA, irinjalakuda branch’ in 2002, 2.Organized ‘trauma symposium’ at Lal hospital ,Irinjalakuda with 6 speakers from different trauma specialties as guest speakers in December 2000.3.Assisted in the organization of ‘seminar on bone tumors’ by pathology department of Kottayam medical college in October 2002, 4.Acted as ‘co- ordinate of transport committee’ and

participated in IOAICL held on 10-11/05/03 at kottayam, Kerala, 5.Started email discussion forum for ‘orthopedic surgeons’ on 29-05-03 and the site address is <http://www.keralaorthopaedicsinternational.tk> . Around 2000 useful international orthopedic and related web links are available in the site. 500 medical and related animations or clip arts, 150 pages and clinical research instrument’s sub site are linked. Around 1000 orthopedic surgeons and medically related persons are from through out world are members of the discussion forum, 6.Attended and acted as member of organizing committee for the first Asian meet on ‘computer assisted orthopedic surgery’ held on 27,28 march 2004 at Cochin jointly organized by CAOS – India and International, 7.Acted as the joint secretary of Kerala orthopedic association in 2004, 8.Acts as Webmaster and manager of the KOA official web site from 2005 onwards. The history, constitution, protocols, news letters, journals, past and present office bearers and executive committees list, KOA members list, past and future events, photo directories of KOA members, officials and events, membership form, notification area, contact details, facilities in KOA house and other KOA, IOA and related useful files and links are published. KOI site with 2000 links, research instruments, date stamp, guest book and visitor number are attached. Most of the files can be downloaded in word, PDF and excel formats. In the member's area, there are provisions for the KOA members to publish their personal or orthopedic files, upload pictures, conduct K.O.A. discussions and chat, notify orthopedic vacancies and intimate about orthopedic meetings, 9.Visited 8 district orthopedic clubs to demonstrate web sites as IT Secretary and published web reference guide for KOA members, 10.As IT Secretary, Organized 3 programmes at Kottayam as a part of the social service activity of Kerala orthopedic association in 2007, 11.Supervised the creation of new K.O.A. official web site as I.T. Secretary, KOA www.keralaorthopaedicassociation.org. The .tk URL since 01-05 is changed to .org from 01-08 onwards. The new web site is provided with improved appearance and features.

P. Social works

1.Worked as ‘voluntary medical officer’ in the center for destitute and forsaken children in the center named ‘Refuge’ in BB gangoly street in Calcutta in the year 1994, 2.Worked as ‘medical officer in voluntary clinics’ in Ultadanga slum of Calcutta during 1994-1996 periods, 3.Worked as medical officer in ‘Fifteenth Scissors action car rally’ at Coimbatore on 23-26/05/97, 4.Worked in ‘free medical camp’ at Palakade as orthopedic surgeon organized by Sai baba association 1997 December, 5.Worked as orthopedic surgeon in ‘free medical camps’ at Perundurai in October 1997 and also at coimbatore in the same year organized by KMCH, 6.Organized and conducted sports medicine and low back ache free medical camps at Karipal Hospital, Kottayam on 11- 06 – 05, 7.Conducted press

meetings at Eranakulam Trichur and Kottayam press clubs for the popularization of the socially useful and personally managed web sites during 2005 – 2006 periods. 8.Participated as orthopedic surgeon in seven free medical camps in different parts of Kottayam district in the year 2005 and 2007. 9.Wrote the script and participated in the ACV T.V. interview on the activities Dr.Jimmy.M.L. transmitted in 2007, 10.Moderated the medical question answer session held in teachers training institute, Manganam, Kottayam, 11.Speaker in Akshra school, Knjikuzhy anniversary,12.Participated, helped in organizing and felicitated as P.T.A. President in Mount Carmel vidyanikethan, Kanjikuzhy anniversary. The other speakers were Vanitha chief editor, district Collector, school principal, Prof. Ambalapuzha Ramavarma and cini artist Jayakumar, 13.Conducted free orthopedic medical camp and bone density testing in association with Nicholas Primal at home clinic, Kanjikuzhy, Kottayam. On 17-01-08, 14.Conducted free orthopedic and back ache medical camps for the employees of M.R.F. and rubber board, Kottayam in March 2008, 15.Conducted free orthopedic medical camp at Ettimanoor in 2010

Q. Attendance of meetings

1.Attended CME and meeting of WBOACON on 11,12-02-95 at Salt Lake ,Calcutta, 2.Participated in workshop on TH and TK arthroplasty by WBOA on 11-05-95 at Calcutta, 3.Attended ‘club foot work shop by Indian foot society’ on 2-5/09/95 at Calcutta, 4.Attended ‘seminar on total elbow replacement’ and surgical demonstration by Dr.D.B. Bakshi at Calcutta in 1995, 5.Attended meeting and CME at IOACON-1995,Puna, 6.Participated in 8 PGT programs of WBOA at Calcutta, 7.Participated in ‘seminar on floor reaction orthosis’, presided by dr.Abdul Kalam and organized with the assistance of Indian space research institute at Calcutta in 1996, 8.Attended pre-conference workshop on ‘spinal instrumentation’, CME and conference of IOACON 1996,Culcutta, 9.Attended ‘14th COE of orthopedic research foundation ,India on intraarticular fractures’ from 2 to 5/09/96 held at Madras, 10.Attended plastic surgery seminar on the ‘usage of flaps in orthopedics’ at Coimbatore in 1997, 11.Attended ‘seminar on rheumatoid arthritis’ organized by Gaga hospital at Coimbatore in 1997, 12.Participated in ‘national conference on hospital facility planning’ on 6,7/07/97 at Coimbatore organized by KMCH, 13.Attended talk by dr.Patric kluger from Germany on ‘Klугers spinal stabilization system’ at Coimbatore in 1997, 14.Attended CME, conference and pre conference Scientific meeting of Indian arthroscopy society from 26 to 30-11-97 at IOACON 1997 Koch, 15.Attended ‘shoulder course’ on 9,10/09/99 held at United hospital ,Coimbatore, 16.Visited ‘Asian sports medicine institute’ at Dader, Bombay on 2000 to observe arthroscopy surgeries by dr.Anand joshi, 17.Participated in ‘Manglore orthopedic course’ on 21,22/04/01 at Mothimahal

hotel, Mangalore, 18. Clinical training courses by KOA held at Trivandrum and Trichur in 2002 was attended, 19. Attended AO seminar on complex fractures at Madras in 2002, 20. Participated in HOME 2003 as a delegate, organized by 'Hyderabad orthopedic medical education' at Hyderabad on 17-19/01/03, 21. Attended KOACON on 24-26/01/2003 at Kottayam, 22. Attended and made report speech in 'seminar on communication skills in medical practice' at Nithya hotel, Kottayam on 16-02-03, 23. Attended seminar on 'infection control and waste management' on 20-05-03 organized by 'DME committee' at medical college, Kottayam, 24. Attended 'basic COE on foot and ankle injuries' by 'Palakkad ortho club' held at Sri Chakra hotel on 15-06-2003, 25. Attended second BOS clinical course on 23,24 August 2003 at St. John's medical college Bangalore, 26. Attended ortho CTIC 2003 on 30,31-08-03 at medical college, Calicut, 27. Attended the advance COE of KOA on interlocking nails held on 28-09-03 at Trichur, 28. Attended the CTIC of KOA on 22.23-11-03 at Kottayam medical college, 29. Attended IOACON 2003 on 19-21 December at Chennai, 30. Attended CME and KOACON January 24,25 2004 at Kovalam, Trivandrum, 31. Attended 'advances in joint replacement surgery' conference of Ranawat orthopedic research foundation on 08 to 10 January 2004 at Bangalore, 32. Attended ITLS course combinedly organized by The Trauma Life Support Society of India, OASIS and KOA held on 18,19-08-04 at Medical Center, Ernakulam and obtained trauma trainer card, 33. Attended CME and KOACONS in 2005,2006,2007,2008,2009,2010 January at Kollam, Calicut, Trichur, Kannur, Malappuram and Palakkad respectively, 34. Attended Disaster management workshop at EMCON 2007 SRMCR, Porur, Madras on 16-11-07, 35. Attended the ninth annual conference of the Society for Emergency Medicine, India on 17 :18-11-07 at EMCON 2007 SRMCR, Porur, Madras, 36. Attended the CME on complex trauma and IOACON held in science city, Calcutta on 05 to 08-12-08 and IOACON and CME at Bangalore in 2009 December. 37. Attended CME about traumatic and degenerative conditions of knee at KOACON venue, Beach resorts, Kollam on 25-01-08, 38. Attends meetings of Madyameghala orthopedic regional club. 39. Attended 2009 and 2010 KOACONS at Malappuram and Palakkad respectively and participated in executive committee meetings and annual report giving in general bodies

R. Health Articles

1. Author of the article 'road accidents and first aid' Malayalam and English versions which was published in Mathrubhumi, Deshabhimany, Arogyadhany, Good news health and other magazines like good news, lords lord etc in 2008, 2. Author of the article 'Bach Ache – Causes and Solutions' (Malayalam) which was published in Mangalam health and other magazines like Sankeerthanam etc in 2009, 3. In Malayala manorama news paper in the second page of Sunday supplement (health

area) on 20/03/11(published globally). The topic was on medical management and causes of road traffic accidents. The information was supplied by Dr. Jimmy M. L.

S. T.V. Programmes

1. ACV T.V.interview; on activities of Dr. Jimmy M. L. transmitted on 3 occasions in 2007 & 2009.
<http://video.google.com/videoplay?docid=8453836372697495925&hl=en#>
2. In Power vision T.V. : Panel discussion on 'Alcoholism' by Dr. Jimmy M. L., Exercise Commissioner, Secretary of all Kerala forums on prohibition of alcohol Etc. Transmitted globally as 3 half an hour parts and at 4 different timings (12 transmissions) from 15/02 to 07/03/2011.
- 3). T.V. Interview with Dr. Jimmy by Drishya T. V. transmitted on 01/04/11.

T. Accident care and first aid programmes in 2000 – 2008 periods

1. Delivered talk on and demonstrated 'immediate trauma care' to the vehicle drivers at Srinikethen auditorium, Karukachal, Kottayam organized by Karukachal Lions club On 19-04-03
2. Organized accident care seminar for the public and vehicle drivers in Association with Kottaym police public relations and reach world wide at Heavenly feast, Nagampadam, Kottayam on 06 – 11 – 05.Around 6000 public attended the seminar. Kottaym police C.I. took class and Dr.Jimmy.M.L. Demonstrated cardio pulmonary rehabilitation and explained the first aid methods. Kottayam chair person and police assistant commandant were present in the meeting.
3. Gave first aid and accident care training in the below given organizations or institutions during 2005 - 2008 period.1) Excelsior school, Illickal, Kottayam. – Organized by J.C.I., Kottayam, 2) Center for youth and adolescents, India, 3) Annual mobilization parade, police camp, Kottayam – Presided by the assistant commandant Mr.D.Sreekumar., 4) NCC national camp, Thodupuzha. Presided by NCC commandant colonel Chaco. Classes were held in Hindi, 5) NCC state camp, Kottayam. – Inaugurated by M.L.A. Mr.V.N.Vasavan, Lt.colonel Mr. Bose, Kerala orthopedic association president and Hon. Secretary were present for the meeting, 6) NSS camp, BCM college, Kottayam, 7) NSS camp, Basaliose college, Kottaym, 8) Javahar navodhaya kendriya vidhyalaya, Vadavathoor, 9) Y'S Men club, Kottayam, 10) Hebron IPC bible college, Kumbanadu. – Presided by the Dean, 11) Zeon church of God bible college, Mulakuzha, 12) IPC bible seminary, Manganam, 13) Believers church bible college, Thottambagam. – Presided by the principal, 14) Indian bible college, Vadavathoor. – Presided by the Principal, 15) SME Gandhinagar, Kottayam – Presided by the Director Dr.K.M.Joseph.16) SME Pudupally, Kottayam. – Presided by the regional director, 17) Karipal hospital, Kalathilpady. – Presided by the administrator, 18) Sushrusha hospital, Varissery. – Presided by the Director, 19) Mandhiram hospital, Manganam. – In association with Indian institute

of emergency medical services, 20) Shalom bible college, Vadavathoor – In association with Indian institute of emergency medical services, 21) C.S.I Assumption hospital, near collect orate, Kottayam, 22) De Paul public school, Kuruvilangade, 24) At love army crusade, trivandrum, Classes in Hindi for the all India missionary meet

4. Took class in First aid and accident care seminar at Christhuraj hospital, Ayarkunnam organized by YMCA, Ayarkunnam and was inaugurated by former chief minister. Local block panchayath president, Panchayath president and Kerala private medical practisoners state secretary were present for the inaugural meeting

5. Organized and took class in all Kerala free first aid and accident care seminar to Ambulance drivers, organized as a social service activity of Kerala orthopedic association. The meeting was inaugurated by Former chief minister and present opposition leader Mr. Umman Chandy, Kerala orthopedic association President Thomas Mathew, Hon. Secretary Dr. Jayakumar, state M.L.A. Mr. V.N. Vasavan, Kottayam Lions governor and Lions PRO were present for the meeting. Class was also taken by Indian institute of emergency medical services. Association gave certificates to delegates.

6. Author of the article 'road accidents and first aid' Malayalam and English versions which was published in Mathrubhumi, Deshabhimany, Arogyadhany, Good news health and other magazines in 2008.

7. Organized 'trauma symposium' at Lal hospital, Irinjalakuda with 6 speakers from different trauma specialties as guest speakers in December 2000.

8. Acts as Webmaster and I.T. Secretary of the KOA official web site www.keralaorthopaedicassociation.org from 2005 onwards and manager of Kerala orthopedics international web site www.keralaorthopaedicsinternational.org web site with 2000 links from 2003 onwards. Both these web sites contain many accident care links which are useful to the general public.

9. Took class on accidents and media at journalism college, Manorama, Kottayam

10. As IT Secretary, Organized 3 programmes at Kottayam as a part of the social service activity of Kerala orthopedic association in 2007.

11. Conducted press meetings at Eranakulam Trichur and Kottayam press clubs for the popularization of the socially useful and personally managed web sites and accident care during 2005 – 2006 Periods

12. Wrote the script and participated in the ACV T.V. interview on the activities of Dr. Jimmy.M.L. transmitted in 2007. It contained discussion and reports on Accident care

U. First aid and accident care, medical charity and community health volunteering, emergency and disaster medicine seminars in 2009

Dr. Jimmy M. L., State I.T. Secretary, KOA acted as the course co-coordinator and faculty for around 50 (fifty) medical charity, community health volunteering and accident care full day or half day seminars which trains registrants on many different subjects with the help of PP presentation, videos and models. The seminars were organized as a social service activity of Kerala orthopedic association and were conducted in association with institutions or organizations in South India at the respective places. The seminars were held in Hindi, English or Malayalam. The list of seminars is given below. (NB: Few seminars are to be completed roughly with in one month)

1.Seminar was held at YMCA hall, Kottayam on 01-01-09 and it was inaugurated by Kottayam district collector and was presided by retired deputy police commandant. It was attended by many social activists

2.Seminars were conducted in association with Kerala Police with stress on first aid, accident care, and CPR and disaster medicine.

a) To 650 police men in Asia's largest police academy at trichur as per the direction of ADGP Dr. Jacob Alexander IPS, IG Mohamed Yasir IPS and DIG Jayaraj IPS of police academy., b) Two seminars for Kottayam police at police camp as per direction of Narcotic DYSP Mr. Anil, Kottayam., c) Seminar for high way police inaugurated by Kottayam police S.P. and were attended by DYSP and other high police officials. The seminar was conducted 05-10-09 at police club, Kottayam

3. One full day or two day seminars were conducted for a total of around 3000 NCC cadets as per direction of director general, NCC, Kerala brigadier Murali and Group commanders or Commanders such as Colonel Basthia, Col. Balan, Col. Nair, Lt. Col. Peter, Lt. Col. Dinesh and Lt. Col. Jagdish.

a) Seminar in NCC camp at St. Joseph's college, Moolamattam, near Thodupuzha, b) Seminar in NCC camp at D.B. College, Mannar, near Thirubvalla, c) Two Seminars in NCC camp at Sree Mahayana School, Koorkenchery, near Trichur, d) Seminar for girl NCC cadets in NCC camp at Sree Nrayana School, Koorkenchery, near Trichur

4. Community health volunteering training seminars in association with the NSS units of arts and science colleges, nursing institute

a) CMS college, Kottayam. Inaugurated by the college principal., b) SB college, Changanassery, c) Assumption college, Changanassery, d) St. Thomas college, Ranny, Inaugurated by the vice president, Ranny, e) MG university, Kottayam, f) Engineering College, Pampady, g) Engineering

college, Peerumade, h) Catholicate college, Pathanamthitta, i) All NSS secretary's meet (under M.G. university), Mannanam, j) NSS nursing school, Karukachal

5. 8 Hour long advanced seminar on emergency medicine and disaster nursing and BLS, ACLS protocols of American

Heart association and BTLS protocols of International trauma life support society – For Bsc and Msc nursing students and staff a) Nanda collage, Erode, Tamilnadu, b) Florence Nightingale college of Nursing, Nedumangade, Trivandrum

6. Seminar (English) was conducted in Karunya deemed university, Near Shiruvany , Via Coimbatore. for engineering and MBA students and it was inaugurated by the registrar.

7. Seminar for school students

a) Seminar at (English) Ebenezer international school, Ettumanoor, Kottayam, b) IPC family welfare society, Meenadam (compassion world), c) Felicitation in district traffic police programme inauguration, Mount carnal, Kottayam (SP and MLA were present)

8. Seminars in association with bible colleges or missionary organizations

a) Sehion bible college, Mallapally, b) Asian bible college, Vadavathoor (English, Hindi and Bengali), c) Evangelism college, Gandhinagar (English & Hindi), d) Brethrens bible college, Perumbavoor (English, Hindi and Malayalam), e) IPC Family welfare society, Meenadam (Compassion world), l) For all in India missionary meet at Love army crusade, Parasala, Near Trivandrum (Seminar was conducted exclusively in Hindi)

9. Seminars in association with teachers training institutes for Bed or Med students (In English)

a) At government TTC, Thaikad, Trivandrum. It was inaugurated by the principal Mrs. Geetha and was attended by around 230 students

V. First aid and accident care, medical charity and community health volunteering, emergency and disaster medicine seminars in 2010

1. Comprehensive community health volunteering training seminars

a).Christhujyothi MCA and Commerce college, Changanassery – To around 300 engineering students , b).Shalom bible college, Vadavathoor, c).S. G. engineering college, Changanassery – To around 300 engineering students (English), d).Paliative care society, Thiruvanchoor, Kottayam, e).Kerala armed police battalion 5 - To around 300 police trainees, Kottayame)., f).St. Mary's engineering college Kuttykanam, Idukki district, g).Full day Community health volunteering seminar (04/12/10) – It was organized combined by Kerala orthopedic association, True vision Action Force, NSS MG University, Janamaithri police, Pala. Held at St. Thomas college, Pala. The

seminar was inaugurated by former minister K. M. Mani, MLA, Presided by Principal and felicitated by Police C.I. The classes were taken by Dr. Jimmy M. L., h) Half day class was taken (11/22) by Dr. Jimmy on 'Physical, Psychological And Social aspects of Adolescent Health' in Kerala state leadership camp of NSS, Mahathma Gandhi University on 'Adolescent Health issues' at D.B. College, Parumala held on 10-14/12/10 and was inaugurated by Dr. Rajan Varghese, Pro Vice Chancellor, M.G. University.

2. Advanced seminar on emergency medicine and disaster nursing and BLS, ACLS protocols of American heart association and BCLS protocols of International trauma life support society – For Bsc and Msc nursing students and staff a). Kovai medical center and hospital nursing college, Avinashy road, Coimbatore (2 seminars – English).

W. Seminars and classes in 2011

- a). Half day class was taken (19/02) by Dr. Jimmy on 'Road disaster medical management' in intercollegiate camp of NSS on Disaster Management at D.B. College, Parumala held on 18-20/02/11 and was inaugurated by P.C. Viswanath, MLA.
- b). Half day class was taken by Dr. Jimmy on 'Medical aspects of right to life' for the Journalism students at MASCOM (Manorama Journalism college), Kottayam on 25/03/11.
- c). Half day seminar by Dr. Jimmy at R.I.T. Engineering college, Pampady on 26/03/11
- d). Dr. Jimmy was invited as guest in the marching out parade of new batch of KAP battalion 5 (360 trainees) at police ground, Kottayam (23 February 2011) inaugurated by Internal affairs minister, Mr. Kodyary Balakrishnan and attended by DGP and MLA. Later Dr. Jimmy was given the honor of having breakfast with DGP, SP and IAS officer (23/02/11, 8.15AM). NB; Dr. Jimmy was Guest faculty to the trainees and was invited as per the wish of trainees.

X. Medical internet activities of Dr. Jimmy M. L

1). DISCUSSION FORUM WITH 2000 MEDICAL AND ORTHO LINKS: Dr. Jimmy created a web site with around 2000 medical and orthopedic links, many patient information and accident care links, fellowship links, facilities to upload files and photos of members and facility to see web casts. The site was linked to a discussion forum in MSN group and it had around 800 medical and related experts as members. The site was created around 8 years back. The site was created in such a way that just by looking at the home page of site, it was possible to know: what are the free medical and orthopedic or medical information headings available in net. The site was also acting as semi official site for Kerala orthopedic association. The URL of the site was

[www.keralaorthopaedicsinternational .tk](http://www.keralaorthopaedicsinternational.tk) . Later the group migrated to ‘multiply’ and the present URLs are <http://keralaorthopaedics.multiply.com/> and www.keralaorthopaedicsinternational.org .

2). OFFICIAL SITE AND I.T.SECRETARY POST: Because of the inspiration obtained by the semi official site of Dr. Jimmy M. L. association allowed Dr. Jimmy M. L. to create a new official web site for Kerala orthopedic association and the URL of the site was

www.keralaorthopaedicassociation.tk 5 years back. A new post named I.T.Secretary post was created by the associated and Dr. Jimmy acts as the I.T.Secretary for last 5 years.. The site is linked to ‘Kerala orthopedics international’ site with 2000 links, KOA discussion site, notification area and ‘clinical research instruments’ sub site. The site has many accident care links, official files and photos and seminar reports. The ‘clinical research instruments’ sub site is useful for research work. The site was later improvised and the new URL is www.keralaorthopaedicassociation.org .

3).PROMOTION OF WEB SITES AND OTHER ACCIDENT CARE ACTIVITIES :

Dr. Jimmy M. L. conducted 4 press meetings for the promotion of web sites with public utility and accident care. He also sent letters, notices, emails, SMSs etc to various individuals, institutions, organizations and conferences in Kerala and India and also promoted these activities through internet through out globe

4. WEB SITE UPGRADATION IN 2011: A new personal web site of Dr. Jimmy M.L. was created www.doctorjimmy.net and is linked to old personal site of Dr. Jimmy www.doctorjimmy.tk. The site contains links to face book, articles, revelations, seminar reports, consultation times, family photographs, family souvenir 2010 and other important sites managed by Dr. Jimmy M. L. as given below.

A). Medical site - 2000 medical, orthopedic links www.keralaorthopaedicsinternational.org.

B). Archive site of Kerala orthopedic Association 2004 – 2010. It was managed by Dr. Jimmy as State I.T. Secretary www.keralaorthopaedicassociation.net

C). Twitter link of Dr. Jimmy M. L. www.twitter.com/jimmyml2000

Y. IMPACT ON POLICIES AND REDUCTION OF ACCIDENTS AND ACCIDENT DEATHS

1. ON TRAFFIC POLICY AND RELATED: November 10, 2010, T.V.interview, articles, seminars inaugurated by various dignitaries, web sites, press meetings on accident care and web sites and press reports on the seminars of Dr. Jimmy M. L. influenced the public, press and policy makers over last 9 years so as to bring a positive change in the society. Kerala government traffic policy regarding vehicle speed control, control of mobile phone use while driving, alcohol checking, wearing of seat belts and helmets etc. changed roughly one and half years back. Because of the

policy shift and efforts from the government and the related: thousands of lives are saved in cities and other parts of Kerala (as per different studies). First aid training is also started at schools.

2. ORTHOPAEDIC ASSOCIATIONS: The pioneering internet activities influenced Kerala and Indian orthopedic associations to start their official web sites and the inaugurations were done in Calicut and Madras annual conferences respectively. The importance of utilization of I.T. in medicine was realized nation wide. The importance of conducting social service activities as a part of association activity was realized and major policy changes were made in the state and national associations. Importance of accident care activities were realized nation wide and Indian orthopedic association had adopted accident care training as their national them with stress to 'golden hour'

Z. SITE LINKS FOR REFERENCES

1. Kerala orthopedic association official web site www.keralaorthopaedicassociation.org managed by Dr. Jimmy is now archived as www.keralaorthopaedicassociation.net , 2. 'Kerala orthopedics international' discussion forum in 'multiply' <http://keralaorthopaedics.multiply.com/>, 3. 'Kerala orthopedics international' site with 2000 links www.keralaorthopaedicsinternational.org,
4. Programmes inauguration presentation www.slideshare.net/jimmym12000/introduction-of-fa-presentations-2, 5.T.V. Interview 2007 (Malayalam) <http://video.google.com/videoplay?docid=8453836372697495925&hl=en#>