

C.V OF DR. JIMMY M. L.

A. Personal details of Dr. Jimmy M. L.

1.Name ; Dr.Jimmy.M.L.

3.Date of birth; 14-02-1968,

4.Present address:- 5 C Gokulam Spring Tower, Near Kanjikuzhy bridge,

NH 220 (KK road), Kottayam town, Kerala, India. PIN:- 686004,

5.Present Phone numbers: - (M): 0091-9446441698, (L); 0091-0481-2571698,

6.Email address:- jimmyml2000@gmail.com

7.Personal web site:- www.doctorjimmy.net

8.Other presently managed site; www.keralaorthopaedicinternational.org

9.Youtube; www.youtube.com/jimmyml2000

10.Face Book: www.facebook.com/jimmymoyalan

11.Twitter; www.twitter.com/jimmyml2000

B.Educational experiences

1).Early educational experiences

1.Lower Primary education (1-4) ; St. Anes' convent school, West fort, Thrissur

'Cups' activity and 'dance' participation.

2.Upper Primary and high school education ; Tharakan's high school, Aranattukara, Thrissur.

SSLC 1982 – one among school toppers, Catechism prizes, class first prizes, Fancy dress prize, drama First prize, quiz competition prizes, 'Scout' activity.

3.Pre degree education (group 2); St. Thomas College, Thrissur town.

Wrote all Kerala medical entrance exam in 1985 (state rank 65).

2).Preliminary Medical courses passed

1.Batcheler of medicine and bachelor of surgery (MBBS); 1985 Batch, Passed from medical College, Thrissur in 1991 (Calicut university), Completed house surgeoncy from

Trichur medical college hospital in 1991 and registered as medical practioner in

Travancore Cochin medical council in 1992.

2.Post graduate Diploma in orthopaedics(D-Ortho);Passed from Calcutta national medical College and hospital (CNMCH) in 1996 (Calcutta University).

3.Completed Diploma on national board (DNB) Orthopaedics course from Kovai medical Centre (KMCH), Coimbatore 1996-97, and Passed theory in 1998.

3).Other courses passed (The courses has necessary recognition from Indian UGC, DEC and NAC)

- 1.Passed M.B.A. International Business (M.B.A. IB) from Annamali University, in May 2013 with first class.
- 2.Passed M.A. Disaster management (M.A. D.M.) Course of Annamali University, Chidambaram on May 2012 in first class.
- 3.Passed post graduate diploma on human resource management on December 2013 (PGD HRM) from Annamali university, in first class.
- 4.Passed post graduate diploma on Guidance and Counselling (PGD G&C) on December 2011 from Annamali university, Chidambaram.
5. Passed post graduate diploma on Sociology of Health (PGD SH) from Annamali university, Chidambaram on May 2014 with first class.

4).Abroad medical experiences and courses

- 1.Completed 'AO international fellowship' under Professor Otmar Trentz in traumatology department of Zurich University hospital, Switzerland in 1998 (FASIF; Fellow of association of study of internal fixation of the world wide ASIF international apex organisation with head quarters in Davos, Switzerland (Albert Einstein did his research in Zurich university).
- 2.Participated 'World orthopedic education program of American Orthopedic Association' under Dr.Med.Thomas Herron in Altatatten Kanton Hospital and also under Spine surgeons at st.Gallen Kanton hospital in Switzerland.
- 3.Attended 'AO basic internationally ASIF recognised course' in Bochum, Germany in 1997.
- 4.Attended workshop on 'Chondroplasty and Absorbable Pins' in April 1998 in Einsleiden, Switzerland.
- 5.Visited 'AO international head quarters and research centre' in Davos, Switzerland on 23-06-98 and visited W.H.O., Red Cross and U.N. head quarters in Geneva, Switzerland in May 1998.

5).Other medical educational courses completed

- 1.Completed ITLS trained provider course; August 2003 organized by trauma life support society, India
- 2.Completed BLS, ACLS provider courses by American heart association, ITLS courses by international trauma life support society on March 2008 (Basic, advanced and instructional trauma life support courses).
- 6).Language and computer education
 - 1.Attended course on computer fundamentals & applications 03-07 to 13-12-1995 at Don Bosco Technical Institute, Park circus, Calcutta.

2. Attended 'course on internet and windows' from 10-02 to 18-02-98 from Computer Park, Cochin-18.
3. Attended course on German Language from French Academy at Sasthry road, Kottayam in 2005.

C.(a) Work experiences

1. Worked as R.M.O.(MBBS) from July 1992 to June 1994 in different hospitals in Kerala
2. Worked as junior consultant in orthopaedics in Little Flower (LF) Mission hospital, Angamaly in 1998 (4000 bedded hospital).
3. Worked as independent orthopedic surgeon at Al iqbal hospital, Chantrappinni, Thrissur (Near Guruvayoor) in 1999.
4. Worked as orthopedic surgeon at Mar Basaliose Medical Mission (MBMM) hospital, Kothamangalam in 2000 (2000 bedded hospital).
5. Worked as consultant orthopedic surgeon at Lal hospital, Irijalakkuda, Trichur from 14-09-00 to 20-08-2002.
6. Worked as lecturer in pathology at medical college, Kottayam in 2002.
7. Worked as lecturer in orthopaedics in 2002 and 2003 at medical college, Kottayam (Total 1.5 Years as lecturer).
8. Worked as part time consultant at Anugraha hospital, Kottayam, K.M.C., Vadavathoor and Cheriapally hospital, Kottayam from 2003 to 2005.
9. Worked as part time consultant at Christhuraj hospital, Ayarkunnam in 2007.
10. Worked as consultant orthopedic surgeon at Karipal hospital, Kalathipady; 2004 to 2009.
11. Worked as part time consultant at MGDM hospital, Kangazha in 2011 – 2012 periods.
12. Worked as part time consultant at CMC hospital, Samcranthy in 2003 – 2013 periods.
13. Worked as part time consultant at George Mathan medical mission hospital, Mallapilly; 2011-2013
14. Worked as part time consultant at P.M.C. Hospital, Erattupetta (Near Pala) from 2012 – 2014.
15. Worked as part time consultant at K.V.M.S. Hospital, Ponkunnam in 2015.
16. Worked as part time consultant at Rajive Gandhi co operative hospital, Koothattukulam in 2014 – 2015
17. Worked as part time consultant at Idukki district co operative hospital, Thodupuzha in 2015
18. Worked as part time consultant at Mary matha hospital, Vazhithala in 2015

C.(b) Present Occupation

Works as orthopaedic surgeon at Roya medical services and Al Shefa poly clinic, Doha, Qatar.

D.Prizes

- 1.Won first prize in ‘National P.G. Quiz’ and attended pre conference workshop on ‘Basic spinal instrumentation’, CME and conference of IOACON, Calcutta, West Bengal from 17-21/12/1996 (Indian orthopaedic association national annual conference).
- 2.Won first prize for the ‘Best Short Case Presentation’ and attended instructional course by ‘Orthopedic Research Foundation of India’ at M.G.M. medical college, Indore, Madyapradesh on 20-23/02/03.

E. Awards and Honours

- 1.Special certificate of recognition by Kerala orthopedic association was awarded to Dr.Jimmy in 2006 silver jubilee annual state conference, Thrissur for the excellent and pioneering orthopedic I.T. activities.
- 2.Kerala orthopedic association recommended Dr.Jimmy M.L. for the post of I.T. Committee national Co-Chairman of Indian orthopedic association and the December 2005 Indian Orthopaedic Association national executive committee had agreed in principle for the post.
- 3.Dr.Jimmy was invited as guest in the marching out parade of new batch of KAP battalion 5 (360 trainees) at police ground, Kottayam (23 February 2011) inaugurated by Internal affairs minister, Mr. Kodyary Balakrishnan and attended by DGP and MLA. Later Dr.Jimmy was given the honour of having breakfast with DGP, SP and IAS officer (23/02/11, 8.15AM). NB; Dr. Jimmy was Guest faculty to the trainees and was invited as per the wish of trainees.

F. Positions held at present

1. orthopaedic surgeon at Roya medical services and Al Shefa poly clinic, Doha, Qatar.
2. National executive and state executive committee member of Indian and kerala orthopaedic associations from 2014 – 2017.
3. Audio visual committee chairman of the organizing committee for National annual conference of Indian orthopaedic association to be held in December 2016 at Le meridian, Kochi.
- 4.Emergency medicine trainer and organizer and faculty of various socially oriented medical seminars including accident care and first aid, comprehensive community health volunteering and advanced emergency and disaster medicine seminars.
- 5.Manager and web master of the ‘Kerala Orthopedics International’ web site.
- 6.Presenter in various T.V. medical programmes and writer on medical topics.

G.Past Positions held

- 1.First State Honorary I.T. Secretary of Kerala orthopedic association from 04-02-2005 to Jan 2010.
- 2.Past Web master of Kerala Orthopedic association official web site and linked chat site from 04-02-2005 to Jan 2010.
- 3.Acted as State Honorary Joint Secretary of Kerala Orthopedic association in 2004.
- 4.Acted as manager and webmaster of Kerala Orthopedic association semi official web site on 2002 to 2004.
- 5.Worked as Joint Secretary of Indian Medical Association (IMA), Irinjalakuda in 2002.
- 6.First President of Parent teachers association of the CBSC section of Mount Carnal School, Kanjikuzhy, Kottayam in 2007-2008.
- 7.Dr Jimmy was elected (by the G.B. on 12/03/11) as First president of residents association of Gokulam Spring Tower, Kanjikuzhy, Kottayam.

H.Memberships

- 1.Fellow in AO international, Switzerland
(FASIF; Fellow of association of study of internal fixation).
- 2.Associate membership in Society of International committee on trauma (SICOT) from 1998 to 2002.
- 3.Permanent membership in World orthopedic concern [LM-364]
- 4.Permanent national life membership in Indian Medical Association [IMA KRL/5716/15/52/74257/1999-2000].
- 5.Permanent membership in Indian Orthopaedic Association [IOA LM-4381].
- 6.Member of Computer assisted orthopaedic surgery (CAOS), India.
- 7.Member of Indian institute of emergency medical services (IEMS).
- 8.Member; PPS, HS, SS1, SS2, and SS3 Schemes of I.M.A. Kerala state branch.
- 9.Permanent membership in Kerala Orthopaedic Association [KOA LM-305].
- 10.Member; Madyamekala regional orthopedic club, Kottayam.
- 11.Member ; I.M.A. Local orthopedic club, Kottayam
- 12.Member of Kottayam emergency medical services (KEMS).

I. Presentations

- 1.‘Clinical case presentation on Total Hip Replacement’ was done in the West Bengal orthopedic Association meeting at Calcutta in 1996.
- 2.Co-author of the talk on ‘introduction to trauma’ presented in trauma symposium at SITRA auditorium, Coimbatore on 14-08-96.

3. Co-author of the paper on 'study of lumbar discectamys' presented in 'international spine congress, Madras', 10-11/01/97.
4. Presented 'special cases' in the clinical clubs at Lal hospital, Irinjalakuda on 3 occasions in 2001.
5. Presented paper in KOA annual conference in Palakad on 'retrospective study of 120 cases of lumbar disc prolapses treated by discectamys': Attended the conference on 13,14-01-01.
6. Presented 'recent advances in orthopaedics' in monthly IMA meetings at Tripprayar and Irinjalakuda IMA branches of Trichur district on 2001.
7. Attended and made report speech in 'seminar on communication skills in medical practice' at Nithya hotel, Kottayam on 16-02-03.
8. Attended and presented free paper in the 'International meeting on orthopedic informatics' held at Little Flower mission hospital, Angamaly on 2006.
9. Made guest lecture on 'Management and Behavior science for an orthopaedic surgeon' at National annual conference of Indian orthopaedic association held in December 2015 at Jaipur.
10. Did paper presentation on 'Essentials of disaster management for an orthopaedic surgeon' at state annual conference of Kerala orthopaedic association held in January 2016 at Thrissur.

J. Teaching Experience

1. Bed side classes to MBBS students at CNMCH, Calcutta during 1994-1996 periods.
2. Orthopaedic classes to BPT Students at Kovi medical centre (KMCH), Kovai during 1996 – 1997.
3. Orthopaedic classes to Bsc nursing students at mission hospital, Angamaly during 1997.
4. Orthopaedic classes to MBBS students as lecturer, medical college, Kottayam, 2002 – 2003.
5. Took anatomy, physiology, forensic medicine, accident care and first aid Classes to the Kottayam district crime branch police on 2005 and 2006 at police camp, Kottayam as per the direction of kottayam police S.P., narcotic D.Y.S.P. and Assistant Commandant.
6. Orthopaedics and surgery classes to Bsc nursing students at SME, Pudupally during 2006 and orthopedics classes to BPT students at SME, Gandhinagar during 2007.
7. Orthopaedics & Surgery classes; Bsc nursing students, Nursing college, MGDM, Kangazha in 2007.

K. Experience as Examiner

Acted as university examiner for orthopedic examination of BPT Students at SME, Ghandhinagar, Kottayam along with former Kottayam District Medical Officer (D.M.O.).

L. Organizational works

1. Organized 'trauma symposium' at Lal Memorial hospital, Irinjalakuda with 6 speakers from different trauma specialties as guest speakers in December 2000.

2. Assisted in organizing of 'seminar on bone tumours' by pathology department of Kottayam medical college in October 2002.
3. Acted as 'co-ordinator of transport committee' and participated in IOAICL (Indian orthopaedic association national instructional course lecturers) held on 10-11/05/03 at kottayam, Kerala.
4. Started email discussion forum for 'orthopedic surgeons' on 29-05-03 and the site address is <http://www.keralaorthopaedicsinternational.tk> . Around 2000 useful international orthopedic and related web links are available in the site. 500 medical and related animations or clip arts, 150 pages and clinical research instrument's sub site is linked. Around 1000 orthopedic surgeons and medically related persons from throughout world were members of the discussion forum.
5. Attended and acted as member of organizing committee for the first Asian meet on 'computer assisted orthopedic surgery' held on 27,28 march 2004 at Cochin jointly organized by CAOS India and International.
6. Acts as Webmaster and manager of the KOA official web site from 2005 onwards. The history, constitution, protocols, newsletters, journals, past and present office bearers and executive committees list, KOA members list, past and future events, photo directories of KOA members, officials and events, membership form, notification area, contact details, facilities in KOA house and other KOA, IOA and related useful files and links are published. KOI site with 2000 links, research instruments, date stamp, guest book and visitor number are attached. Most of the files can be downloaded in word, PDF and excel formats. In the member's area, there are provisions for the KOA members to publish their personal or orthopedic files, upload pictures, conduct K.O.A. discussions and chat, notify orthopedic vacancies and intimate about orthopedic meetings.
7. Visited 8 district orthopedic clubs (Trivandrum, Kollam, Alappuzha, Kottayam, Eranakulam, Thrissur, Kozhikode, Kazarkode) to demonstrate web sites & discuss I.T. activities as state I.T. Secretary of Kerala orthopaedic association & published web reference guide for members.
8. As IT Secretary, Organized 3 programmes at Kottayam as a part of the social service activity of Kerala orthopedic association in 2007.
9. Supervised the creation of new K.O.A. official web site as I.T. Secretary, KOA www.keralaorthopaedicassociation.org. The .tk URL since Jan 2005 is changed to .org from January 2008 onwards. The new web site is provided with improved appearance and features.
10. Acted as chairman for Total joint Arthroplasty guest lectures at KOACON 2014.

P. Social works

1. Worked as 'voluntary medical officer' in the centre for destitute and forsaken children in the centre named 'Refuge' in BB gangoly street at Calcutta in the year 1994.

2. Worked as 'medical officer in voluntary clinics' in Ultadanga slum of Calcutta during 1994-1996 periods
3. Worked as medical officer in 'Fifteenth Scissors action car rally' at Coimbatore on 23-26/05/97.
4. Worked in 'free medical camp' at Palakade as orthopedic surgeon organized by Sai baba association 1997 December.
5. Worked as orthopedic surgeon in 'free medical camps' at Perundurai in October 1997 and also at coimbatore in the same year organized by KMCH.
6. Organized and conducted sports medicine and low back ache free medical camps at Karipal Hospital, Kottayam on 11-06-2005 and was inaugurated by director and was felicitated by Heavenly feast Pr. Dr. Thomas Abraham and former district medical officer
7. Conducted press meetings at Eranakulam, Trichur, Trivandrum and Kottayam press clubs for the Popularization of the socially useful and personally managed web sites during 2005 – 2006 periods.
8. Participated as orthopedic surgeon in seven free medical camps in different parts of Kottayam district in the year 2005 and 2007.
9. Moderated the medical question answer session held in Kuriakose Alias teachers training institute, Manganam, Kottayam.
10. Speaker in Akshra school Anniversary, Kanjikuzhy, Kottayam (2 occasions).
11. Participated, helped in organizing and felicitated as P.T.A. President in Mount Carmel vidyanikethan, Kanjikuzhy anniversary. The other speakers were Vanitha chief editor Mrs. Prema Mammen Mathew, district Collector, school principal, Writer Prof. Ambalapuzha Ramavarma and cinema artist Jayakumar.
12. Conducted free orthopedic medical camp and bone density testing in association with Nicholas Primal at home clinic, Kanjikuzhy, Kottayam. On 17-01-08.
13. Conducted two free orthopedic and back ache medical camps along with free bone strength testing for the employees of M.R.F. factory, Vadavathoor, Kottayam in March 2008.
14. Conducted free orthopedic medical camp at Ettumanoor in 2010.
15. Conducted free orthopaedic cum bone strength testing camp at PMC hospital, Erattupetta in November 2013.
16. Associated with S.S.I. Scheme of central government & assessed deformities of children under the scheme in 4 medical camps during 2008-2012 at Kottayam, Vazhoor, Ettumanoor & Ayarkunnam.
17. Attended 2 free medical camps at Kottayam as orthopaedic surgeon in 2014.

Q.Attendance of meetings

1.Attended conference and / CME at IOACON in December (3 Days) (Indian orthopaedic association annual conference and national continuing medical education programmes) at

- a) Puna, 1995
- b) Calcutta, 1996
- c) Kochi 1997
- d) Chennai 2003
- e) Calcutta, 2008
- f) Bangalore 2009
- g) Hyderabad 2014
- h) Jaipur 2015

2. Attended pre-conference workshop at IOACON in December

- a) On 'spinal instrumentation', 1996,Culcutta.
- b) By Indian Arthroscopy society, 1997, Kochi.

3. Attended meeting and CME at KOACON in January (3 Days) (Kerala orthopaedic association annual conference and national continuing medical education programmes at

- a) 2003, Kottayam
- b) 2004, Thiruvananthapuram
- c) 2005, Kollam
- d) 2006, Kozhikode
- e) 2007, Thrissur
- f) 2008, Kanoor
- g) 2009, Malappuram
- h) 2010, Palakkad ,
- I) 2014, Wayanad
- J) 2016, Thrissur

4. Participated in the national executive committee meetings of Indian orthopaedic association as national executive committee member from 2014 to 2016.

5. Participated in executive committee meetings and annual report giving in general bodies at six

KOACONS from 2004 to 2010 and three KOACONS from 2014 to 2016. In 2004 as state Joint Secretary and manager of semi official KOA web site and 2005 to 2010 as state I.T. Secretary and web master of official KOA web site. Participated in the state executive committee meetings of KOA in 2014 to 2016 period as state representative of National executive committee.

6.Clinical training courses by KOA held at Trivandrum and Trichur in 2002 was attended.

7. Attended the CTIC (Continuing trauma instructional course) of KOA on 22.23-11-03.
at Kottayam medical college.
8. Attended ortho Continuing Trauma Instructional Course (CTIC) 2003 on 30,31-08-03
at medical college, Calicut.
9. Attended 'basic COE on foot and ankle injuries' by 'Palakad ortho club'
held at Sri chakra hotel on 15-06-2003.
10. Attended the advance Continuing Orthopaedic education (COE) of KOA on inter locking nails
held on 28-09-03 at Trichur.
11. Attended and made report speech in 'seminar on communication skills in medical practice'
at Nithya hotel, Kottayam on 16- 02-03.
12. Attended seminar on 'infection control and waste management' on 20-05-03 organized by
'Director of Medical Education committee' (DME) at medical college, Kottayam.
13. Participated in eight official Post Graduate Training programmes of West Bengal Orthopaedic
association (WBOA) in different medical colleges & hospitals at Kolkatta during 1994 – 1996.
14. Attended CME and meeting of West Bengal Orthopaedic association (WBOACON) on
12-02-95 at Salt Lake ,Calcutta.
15. Participated in workshop on Total Hip and Total Knee Arthroplasty workshop by West Bengal
Orthopaedic association (WBOA) on 11-05-95 at Calcutta.
16. Attended 'club foot work shop by Indian foot society' on 2-5/09/95 at Calcutta
17. Attended 'seminar on total elbow replacement' and surgical demonstration
by Dr.D.B. Bakshi at Calcutta in 1995.
18. Participated in 'seminar on floor reaction orthosis', presided by Dr.Abdul Kalam
and organized with the assistance of Indian space research institute at Calcutta in 1996.
19. Attended plastic surgery seminar on the 'usage of flaps in orthopaedics' at Coimbatore in 1997.
20. Attended 'seminar on rheumatoid arthritis' organized by Gaga hospital at Coimbatore in 1997.
21. Participated in 'national conference on hospital facility planning' on
6, 7/07/97 at Coimbatore organized by Kovai medical centre and hospital (KMCH).
22. Attended talk by Dr.Patric Kluger from Germany on 'Klugers spinal stabilization system'
at Coimbatore in 1997.
23. Attended 'shoulder course' on 9,10/09/99 held at United hospital, Coimbatore.
24. Visited 'Asian sports medicine institute' at Dader, Bombay on 2000 to observe arthroscopy
surgeries by the premier & pioneering arthroscopic & sports medicine ortho surgeon Dr.Anand joshi.
25. Participated in 'Mangalore orthopedic course' on 21,22/04/01 at Mothimahal hotel, Mangalore,
26. Attended fourteenth COE of orthopaedic research foundation, India on 'intraarticular fractures'
from 2 to 5/09/96 held at Madras.

27. Attended AO International seminar on complex fractures at Madras in 2002.
28. Participated in HOME 2003 as a delegate, organized by 'Hyderabad orthopedic medical education' at Hyderabad on 17-19/01/03
29. Attended 'advances in joint replacement surgery' conference of Ranawat orthopedic research foundation on 08 to 10 January 2004 at Bangalore.
30. Attended ITLS course combinedly organized by The trauma life support society of India, OASIS & KOA held on 18,19-08-04 at Medical Centre, Ernakulam, obtained trauma trainer card.
31. Attended Disaster management workshop at EMCON 2007 at Sri Rama Chandra Medical college and research centre, Porur, Madras 16-11-07.
32. Attended the ninth annual Emergency medicine international conference of the society for emergency medicine, India on 17 :18-11-07 at EMCON 2007 SRMCR, Porur, Madras.
33. Attended second Bangalore Orthopaedic Society clinical course on 23,24 August 2003 at St. Johns medical college Bangalore.
34. Attended monthly meetings of Thrissur and / or Madyameghala, Kottayam orthopedic regional clubs of Kerala Orthopaedic Association since 1999 onwards.
35. Attends Indian Medical Association local branch monthly meetings at Thriprayar, Irinjalakuda, Kothamangalam and / or Kottayam since 1999 onwards.
36. Attended 2 day annual state conference of Indian Medical Association, Kerala state branch held at Mahe, Near Thalassery in November 2013.

R. Health Articles

1. Author of the article 'road accidents and first aid' Malayalam and English versions which was published in Mathrubhumi, Deshabhimany, Arogyadhany, Good news health and other magazines like good news, lords lord etc in 2008.
2. Author of the article 'Bach Ache – Causes and Solutions' (Malayalam) which was published in Mangalam health and other magazines like Sankeerthanam etc in 2009.
3. Health Article in Malayala manorama news paper in the second page of Sunday supplement (health area) on 20/03/11 (published globally). The topic was on medical management and causes of road traffic accidents. The information was supplied by Dr. Jimmy M. L.

S. Television (T.V.) Programmes

1. In Kairali channel; On emergency medicine – In 'Josco better life programme'; Transmitted Worldwide in 2013.

2.Reports in T.V.Channels in 2009 about the accident care and first aid seminars,

medically useful web sites and demonstration of C.P.R. and accident first aid

a) Asianet news channel

b) Jeevan T.V.channel

c) Dooradharsan D.D. Channel

3.AC.V T.V.interview; Wrote the script and participated in the T.V. interview on the activities of Dr. Jimmy M. L. transmitted on 3 occasions in 2007 & 2009. It contained discussion and reports on Accident care. <http://video.google.com/videoplay?docid=8453836372697495925&hl=en#>

4.T.V. Interview with Dr. Jimmy by Drishya T. V. transmitted on 01/04/11.

5.Power Vision T.V. Health programmes with Dr. Jimmy M. L.

a).Panel discussion on 'Alcoholism' by Dr. Jimmy M. L., Exercise Commissioner, and Secretary of all Kerala forums on prohibition of alcohol etc. Transmitted globally as 3 half an hour parts and at 4 different timings (12 transmissions) from 15/02 to 07/03/2011.

b).Health programmes on accident care, back ache, first aids etc transmitted as 4 half an hour programmes on 2 different timings. In 2012.

c). 'Knowledge point' Programme showing various C.P.R. and related topics transmitted as 2 parts in 2013.

d).Transmitted globally from 26-11-13 to December last on fractures, drug addiction and disaster management topics as 3 half an hour sessions on four different timings in the week (total 12 episodes).

T.Medical seminars and related activities

1).Accident care and first aid programmes in 2000 – 2008 periods

1.Organized accident care seminar for the public and vehicle drivers in Association with Kottaym police public relations and reach worldwide at Heavenly feast, Nagampadam, Kottayam on 06 – 11 – 05. Around 6000 public attended the seminar. Kottaym police C.I. took class And Dr.Jimmy.M.L. Demonstrated cardio pulmonary rehabilitation and explained the first aid methods. Kottayam chair person and police assistant commandant were present in the meeting.

2.Gave first aid and accident care training in the below given organizations or institutions during 2005 - 2008 periods.

1)Annual mobilization parade, police camp, Kottayam – Presided by the assistant commandant Mr.D.Sreekumar.

2)N.C.C. national camp, Thodupuzha. Presided by NCC commandant colonel Chaco. Classes were held in Hindi.

3)N.C.C. state camp, Kottayam. – Inaugurated by M.L.A. Mr.V.N.Vasavan, Lt.colnel Mr. Bose,

Kerala orthopedic association president and Hon. Secretary were present for the meeting.

4)SME Gandhinagar, Kottayam ; Presided by the Director Dr.K.M.Joseph.

5)SME Pudukally, Kottayam; Presided by the regional director.

6)Karipal hospital, Kalathilpady; Presided by the administrator.

7)Sushrusa hospital, Varissery; Presided by the Director.

8)Mandhiram hospital, Manganam; In association with

Indian institute of emergency medical services.

9) At love army crusade, Trivandrum, Classes in Hindi for the all India missionary meet.

3.Took class in First aid and accident care seminar at Christhuraj hospital, Ayarkunnam organized by YMCA, Ayarkunnam and was inaugurated by former chief minister. Local block panchayath president, Panchayath president and Kerala private medical practisoners state secretary were present for the inaugural meeting.

4.Organized and took class in all Kerala free first aid and accident care seminar to Ambulance drivers, organized as a social service activity of Kerala orthopedic association. The meeting was inaugurated by chief minister Mr.Umman Chandy, Kerala orthopedic association President Thomas Mathew, Hon. Secretary Dr. Jayakumar, state M.L.A. Mr.V.N.Vasavan, Kottayam Lions governor and Lions PRO were present for the meeting. Class was also taken by Indian institute of emergency medical services. Association gave certificates.

5.Took class on accidents and media at journalism college, Manorama, Kottayam.

6.As IT Secretary, Organized 3 programmes at Kottayam as a part of the social service activity of Kerala orthopedic association in 2007.

2).First aid and accident care, medical charity and community health volunteering, emergency and disaster medicine seminars in 2009

Dr. Jimmy M. L., State I.T. Secretary, KOA acted as the course co-coordinator and faculty for around 45 (forty five) medical charity, community health volunteering and accident care full day or half day seminars which trains registrants on many different subjects with the help of Power Point Presentation, Videos and Models. The seminars were organized as a social service activity of Kerala orthopedic association and were conducted in association with institutions or organizations in South India at the respective places. The seminars were held in Hindi, English or Malayalam.

The list of seminars is given below.

1.Seminar was held at YMCA hall, Kottayam on 01-01-09 and it was inaugurated by Kottayam district collector and was presided by retired deputy police commandant. It was attended by many social activists.

2.Seminars were conducted in association with Kerala Police with stress on first aid,

accident care, and CPR and disaster medicine.

a)To 650 police men in Asia's largest police academy at trichur as per the direction of ADGP Dr.

Jacob Alexander IPS, IG Mohamed Yasir IPS and DIG Jayaraj IPS of police academy.

b)Two seminars for Kottayam police at police camp as per direction of

Narcotic DYSP Mr. Anil, Kottayam.

c)Seminar for high way police inaugurated by Kottayam police S.P. and were attended by DYSP and

other high police officials. The seminar was conducted 05-10-09 at police club, Kottayam.

3.One full day or two day seminars were conducted for a total of around 3000 NCC cadets as per

direction of director general, NCC, Kerala brigadier Murali and Group commanders or Commanders

such as Colonel Basthia, Col. Balan, Col. Nair, Lt. Col. Peter, Lt. Col. Dinesh and Lt. Col. Jagdish.

5.Eight Hour long advanced seminar on emergency medicine and disaster nursing and BLS, ACLS

protocols of American heart association and BTLS protocols of International trauma life support

society – For around 250 Bsc and Msc nursing students and staff

a)Nanda collage, Erode, Tamilnadu.

b)Florence Nightingale college of Nursing, Nedumangade, Trivandrum.

6.Seminar(English) was conducted in Karunya deemed university, Near Shiruvany, via Coimbatore.

for engineering and MBA students and was inaugurated by registrar.

9.Seminars in association with teachers training institutes for Bed or Med students (In English)

At government Teachers Training College, Thaikad, Trivandrum. It was inaugurated by the

principal Mrs. Geetha and was attended by around 230 BEd and MEd students.

3).First aid and accident care, medical charity and community health volunteering, emergency

And disaster medicine seminars in 2010.

1.Comprehensive community health volunteering training seminars.

1).Full day Community health volunteering seminar (04/12/10) – It was organized combined by

Kerala orthopedic association, True vision Action Force, NSS MG University, Janamaithri police,

Pala. Held at St. Thomas college, Pala. The seminar was inaugurated by former minister K. M.

Many, MLA, Presided by Principal and felicitated by Police C.I.

The classes were taken by Dr. Jimmy M. L.

2) Half day class was taken (11/22) by Dr. Jimmy on 'Physical, Psychological And Social

aspects of Adolescent Health' in Kerala state leadership camp of NSS, Mahathma Gandhi

University on 'Adolescent Health issues' at D.B. College, Parumala held on 10-14/12/10 and was

inaugurated by Dr. Rajan Varghese, Pro Vice Chancellor, M.G. University.

2. Advanced seminar on emergency medicine and disaster nursing and BLS, ACLS protocols of American heart association and BLS protocols of International trauma life support society; For Bsc and Msc nursing students and staff at Kovai medical centre and hospital (KMCH) nursing college, Avinashy road, Coimbatore (2 seminars – English).

3). Seminars and classes in 2011

a). Half day class was taken (19/02) by Dr. Jimmy on 'Road disaster medical management' in intercollegiate camp of NSS on Disaster Management at D.B. College, Parumala held on 18-20/02/11 and was inaugurated by P.C. Viswanath, M.L.A.

b). Half day class was taken by Dr. Jimmy on 'Medical aspects of right to life' for the Journalism students at MASCOM (Manorama Journalism college), Kottayam on 25/03/11.

4). Seminars and classes in 2012 - 2014

a). Health talk at pensioners meets at Mallapally on old age orthopaedic problems in 2012.

b). Half day seminar on different health topics and accident care at PMC hospital, Erattupetta.

c). Dr. Jimmy acted as the chief faculty for exclusive 2 day seminar on disaster management by Gem institute of nursing and hospital, Coimbatore, south India organized for Bsc and Msc nursing students and faculty from five colleges in April 2014.

U. Medical internet activities of Dr. Jimmy M. L.

1). DISCUSSION FORUM WITH 2000 MEDICAL AND ORTHO LINKS:

Dr. Jimmy created a web site with around 2000 medical and orthopedic links, many patients information and accident care links, fellowship links, facilities to upload files and photos of members and facility to see web casts. The site was linked to a discussion forum in MSN group and it had around 800 medical and related experts as members. The site was created in 2003.

The site was created in such a way that just by looking at the home page of site, it was possible to know: what are the free medical and orthopedic or medical information headings available in net. The site was also acting as semi official site for Kerala orthopedic association. The URL of the site was www.keralaorthopaedicsinternational.tk. Later the group migrated to 'multiply' and the present URLs are keralaorthopaedics.multiply.com/ and keralaorthopaedicsinternational.org.

Dr. Jimmy Acted as manager of Kerala orthopaedics international web site from 2003 onwards.

These web sites contain many accident care links which are useful to the general public.

2). OFFICIAL SITE AND I.T.SECRETARY POST:

Because of the inspiration obtained by the semi official site of Dr. Jimmy M. L. association allowed Dr. Jimmy M. L. to create a new official web site for Kerala orthopedic association and the URL of the site was www.keralaorthopaedicassociation.tk at 2005. A new post named state I.T.Secretary post was created by the association in 2005 & Dr.Jimmy acted as I.T.Secretary for 5 years. The site was linked to 'Kerala orthopaedics international' site with 2000 links, KOA discussion site, notification area and 'clinical research instruments' sub site. The site has many accident care links, official files and photos and seminar reports. The 'clinical research instruments' sub site is useful for research work. The site was later improvised and the URL was changed (2007 to 2010) to keralaorthopaedicassociation.org.

3).WEB SITE UPGRADATION IN 2011:

A new personal web site of Dr. Jimmy M.L. was created www.doctorjimmy.net and is linked to old personal site of Dr. Jimmy www.doctorjimmy.tk. The site contains links to face book, articles, revelations, seminar reports, consultation times, family photographs, family souvenir 2010 and other important sites managed by Dr. Jimmy M. L. as given below.

A).Medical site with 2000 medical, orthopedic links; www.keralaorthopaedicsinternational.org.

B).Archive site of Kerala orthopedic Association 2004 – 2010. It was managed by Dr. Jimmy as State I.T. Secretary; www.keralaorthopaedicassociation.net.

W.SITE LINKS FOR REFERENCES

1.Kerala orthopedic association official web site;

www.keralaorthopaedicassociation.org was managed by Dr.Jimmy

is now archived as www.keralaorthopaedicassociation.net

2.'Kerala orthopaedics international' discussion forum in 'multiply'

<http://keralaorthopaedics.multiply.com/>

3.'Kerala orthopaedics international' site with 2000 links; keralaorthopaedicsinternational.org

4.Youtube uploads on Dr.Jimmy's T.V.programme; www.youtube.com/jimmyml2000

5.Social links; www.facebook.com/jimmymoyalan, www.twitter.com/jimmyml2000

6.Articles, seminar photos, bio data etc in **personal site <http://www.doctorjimmy.net>**